

Dr. Howard Tzorfas ad and article in the May 2017 Issue of the Clinton Township Newsletter

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SOMETHING NEW IN PODIATRY

In the past few years there have been many new technological advances coming out. Finally there is something new for Podiatrists! Podiatrists treat foot and ankle conditions on a daily basis. One of the treatments for many of these conditions are custom made arch supports called *orthotics*.

Custom orthotics are able to be worn in many different shoes and sneakers and can relieve painful foot conditions such as flat feet, plantar fasciitis, tendinitis and other foot problems. These devices also can prevent future problems such as bunions, hammertoes, arthritic joints. Custom orthotics have been made from a cast or mold of the patient's foot. These molds or casts then have to be sent to a laboratory where they are fabricated. Special corrections can be placed into the orthotic for individual problems. Many times these molds or casts are not that accurate and time prohibitive.

Just this month there is a new casting method which utilizes a digital scanner and an IPAD. This revolutionary device can capture a 3-D image of the patient's foot in a matter of seconds. Corrections can easily be added and then images sent electronically to the laboratory. The end result is a more accurate image or impression with decrease time in both scanning and making of orthotics. Most insurance companies will cover or pay for the orthotics. If you have any questions, please contact Howard J. Tzorfas, D.P.M. at 908.236.6999, or visit: www.DrTzorfas.com, conveniently located in the Hunterdon Hills Plaza, 1386 Highway 22 West, Lebanon.